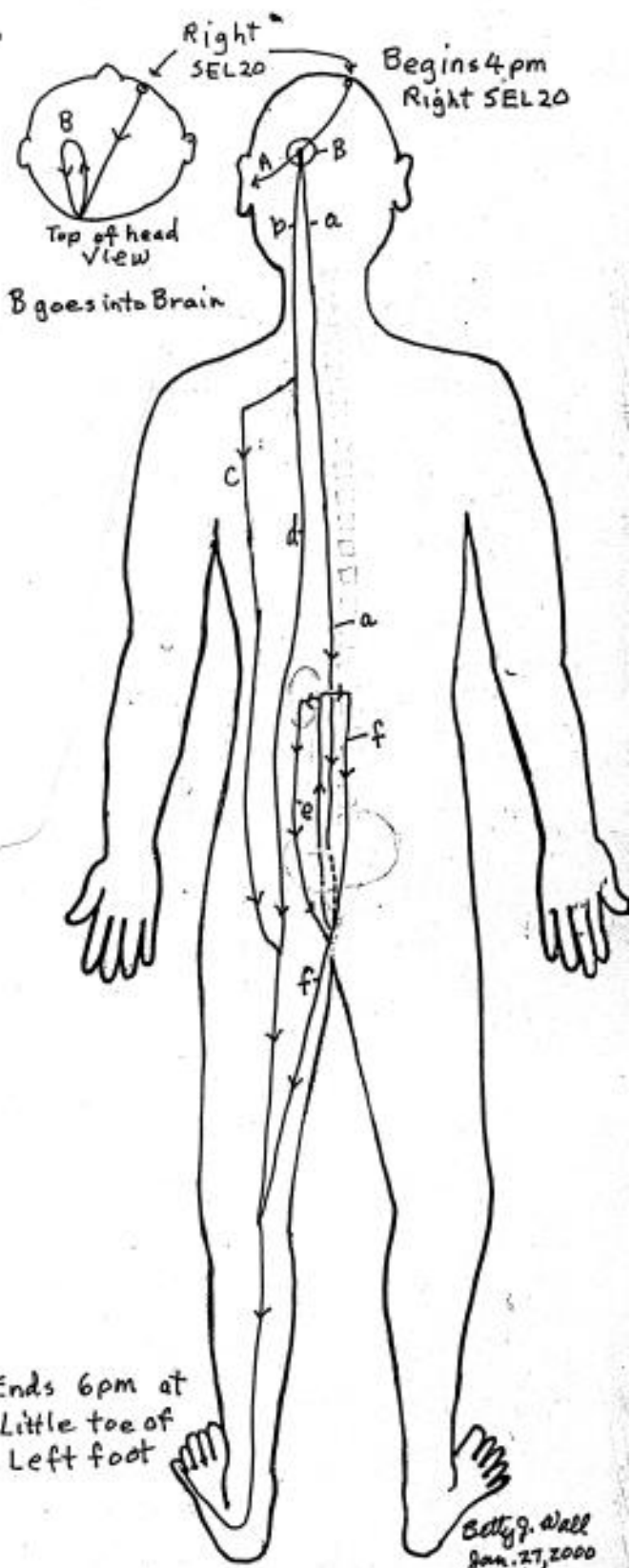
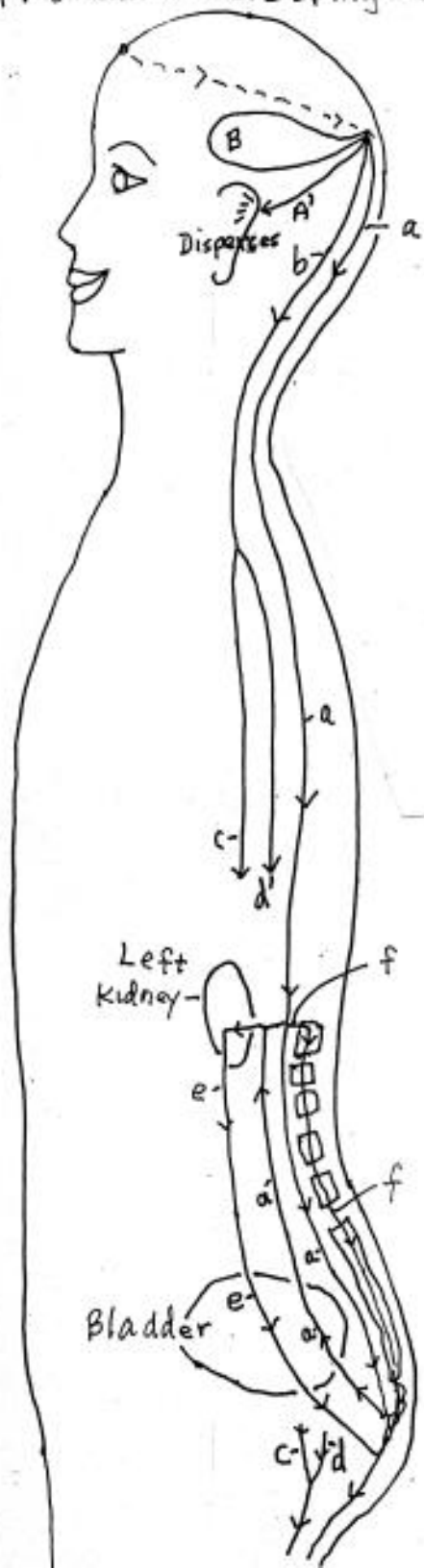


Left Bladder Developing flow



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LEFT BLADDER DEVELOPING FUNCTION ENERGY

At 4 p.m., above the right eye at the front (anterior) corner of the hair line at SEL 20 (top of forehead, just inside hair line) the **right** Small Intestine Developing Energy Flow becomes the **left** Bladder Developing Energy Flow.

It continues to flow diagonally toward the center/back top of the head, reaches the hair whorl at the back of the head on the Main Center line. At the main center line (on the top of the head, toward the back) one may feel a slight indentation at the hair whorl behind the crown chakra. Here the left and right bladder flows meet, then go to the opposite side. At the hair whorl, the flow divides into "A" and "B"

(Note: if the right and left bladder flows do not meet in the center (at the hair whorl) there is disharmony and stress will manifest in the back.

Note: It was presented that the space between the close encounter of these two flows of energy at the hair whorl (Bindu chakra, Hindu philosophy) is the "gap" where the spark enters! The bladder flow was also described as portraying the four pillars of the head. The energy splits at the hair whorl, one portion going to the ear and the other deep into the brain.

"A" flows into the left ear lobe and scatters. (More surface energy).

"B" flows into the left brain area (deep energy in the head) and comes out at the edge of the back of the skull. Follows the left side of the cervicals and branches into "a" and "b".

"a" goes vertically down the left side of back, about one inch from the spinal column enters the coccyx and then into bladder. From the bladder, it turns inward at the coccyx and ascends toward the left kidney, separating into two branches "e" and "f".

"e" enters the kidney, comes out at the back of the kidney, and descends into the bladder and continues to descend.

"f" continues from the line that exited the kidney and descends along the lumbar spine, and emerges at the side of the coccyx, behind the anus, descends to back bend of knee and co-mingles with "c-d" and flows into center back of knee.

"b", at the top/back of the shoulder, separates into "c" and "d".

"d" descends about one and a half inches away from the spinal column (along the medial edge of the scapula going down the vertical muscle alongside the spine), descends to the ischium where it merges with "c".

"c" descends the outer side of the vertical muscles along the spine, about three inches from the spinal column (flows under the scapula), to the ischium where it merges with "d". From there the merged flow descends back of thigh to center back of knee where it merges with "f".

It continues to descend center/outer back of leg to lateral (outer) side of ankle, through the ankle (SEL 16), along the lateral edge of the foot to outside of little toe where it turns into the flow that creates the **left** Kidney Developing Energy Function at 6 p.m.

The neck filters into the 3rd line bladder flow (in Mary's teachings, we utilized the third line by holding under the ear when neck is involved for a flow). Third line bladder flow opens the back, helps unburden the 1st and 2nd lines of the bladder function energy and kidney function energy.

Bladder flow goes down the back and Trinity flow is going up the back at the same time. Therefore, good to do them together. The bladder flow is releasing tension from the bottom to the top.

Bladder flow self help

Left flow

Right hand: back of left neck (SEL 12)

Left hand: tail bone (coccyx)

Left hand: back of left knee

Left hand: outer left ankle (SEL 16)

Left hand: left little toe