



RIGHT HEART FUNCTION DEVELOPING ENERGY

The **right** spleen flow goes from the right 3rd rib, enters the heart and turns into the flow that creates the **right** Heart Function Energy at 12 noon. The heart flow goes out the four exits of the heart (ancient anatomy says there are five exits of heart energy, the fifth being the node behind the heart that controls the heart beat).

Exit 1 goes from the heart directly into the lung, circulates inside the lung and branches into "A" and "B".

"A" flows directly into the third thoracic vertebra and comes out to the chest and goes through the lung, trachea and esophagus. T-3 is Air, lung, and the heart pumps the Air throughout the body.

"B" descends, turns to the back of the armpit, goes across at TV-7 (diaphragm) and enters left kidney.

Exit 2 goes out the lower exit of the heart, descends through the diaphragm, through the liver and gall bladder,

follows the bile duct and enters the right small intestine about 1 inch above the umbilicus and circulates the right small intestine; flows above the pubic bone and scatters in the left small intestine.

Exit 3 ascends from the 3rd front rib, sandwiching the right side of the throat, goes behind the right eye and enters the right cerebrum. Participates with the liver energy to create the right Cerebrum flow.

Exit 4 ascends the chest area a short way, flows into the right lung. From the lung it circulates through the trachea, comes out to the right armpit, goes up the outside of the inner upper (lateral-to-central front) arm, out to the inside of the elbow (center front) and along the midline of the inside of the forearm through SEL 17, goes to the backside of the inner tip (medial side, next to the 4th finger) of little finger, through and out of nail and turns into the flow that creates the **right** Small Intestine Function Energy at 2 PM.

Heart flow self help

Right flow

Right hand: right shoulder (SEL 11)

Left hand: right wrist, little finger side (SEL 17)

Left hand: under left collar bone (SEL 22)

Left hand: under left rib cage (SEL 14)

Left hand: left groin area (SEL 15)

Left hand: inner right knee (SEL 1)

Left hand: inner right ankle (SEL 5)

Left hand: under right big toe (SEL 7)