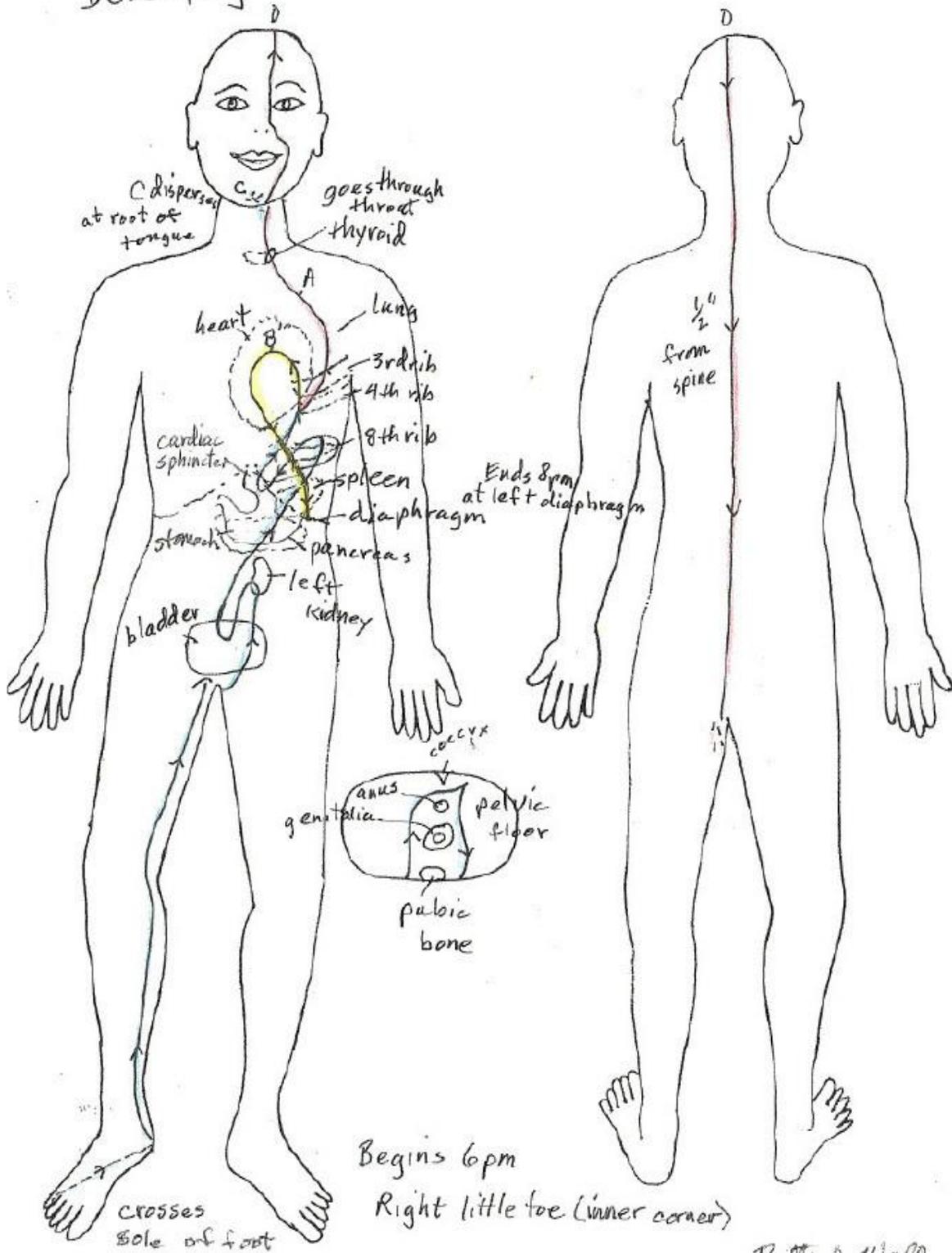


Right kidney Developing flow



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Jan. 26, 2000

RIGHT KIDNEY DEVELOPING FLOW

At 6:00 p.m. the **right** Bladder Developing flow which arrived at the lateral (outer) back side of the right little toe changes into the **right** Kidney Developing Flow.

It flows from medial inner corner of the little toe diagonally across the sole of right foot to below the inner (medial) ankle, comes out at the heel, goes up the inner/medial side (toward back) of right leg. Continues up medial (inner) side of leg, between the medial (inner) patella (knee cap) and medial ligament (passes between the ligament and bones inside of the knee), up the thigh, to the medial (inner) side of the groin and reaches the anus.

From there (see enlarged drawing) it proceeds diagonally to left side, comes out to the left lateral side of coccyx, goes along the genitalia from behind and comes out to the front, then along the left side of pubic bone and up to the lower abdomen, passing over the left outer edge of the bladder and into left kidney at the umbilicus. From the left kidney, descends back and circulates through the bladder. It ascends again through the abdomen, close to the medial side of the left kidney and then to where the 8th rib (costal cartilage) attaches. From there enters the pancreas and spleen, comes to the cardiac sphincter (the opening between the stomach and the esophagus) in and out of the stomach and goes up the chest, into the left lung along the 4th rib and at the 3rd rib, branches into “A” and “B” at the portal (trachea). (Portal, where the trachea divides to go to each lobe of the lungs.)

“A” goes out of the lung at the 3rd rib, flows up through the trachea, under the clavicle, up to and through the left throat, and branches into “C” and “D” at the root of the tongue.

“C” disperses at the root of the tongue.

“D” ascends along the left side of the nose, then from the front of the head to the back of the head (deep within the brain), descends along the cervical vertebrae, then ½ inch from the spinal column, descends along the left side of spine to the coccyx. (Mary said: From the coccyx area goes into the front (anterior) groin area (#15's) where it disperses (building the pelvic girdle). (Kato's text states “from the coccyx goes to the inside of the inner thigh and disperses.”)

“B” from the 3rd rib flows under the sternum and into the heart, circulates the heart and flows down into the diaphragm muscle. The diaphragm muscle attaches at the back and it appears it is there the right kidney flow changes into the **left** diaphragm flow just above the left kidney at 8 PM.

The Kidney Flow nurtures (passes through) kidneys, bladder, liver/pancreas/spleen, lungs, heart, brain and spine, reproductive and diaphragm.

(Note: Left Kidney Function Energy ascends the right abdomen. “B” also flows directly into the heart; just before entering the heart, divides and “A” goes into the chest, trachea, etc.)

Kidney flow self help to help right kidney

Right hand: inner left ankle (SEL 5)

Left hand: tail bone (coccyx)

Right hand: right edge of pubic bone (SEL 15)

Left hand: right abdomen (between SELs 14 & 15)

Left hand: under right rib cage (SEL 14)

Left hand: right lung area (SEL 13)

Left hand: under right collar bone (SEL 22)

Left hand: right base of head (SEL 4)

Right hand: right back waistline (SEL 23)

Left hand: right back of neck (SEL 12)

Left hand: right shoulder (SEL 11)

Right hand: right sacro-iliac joint

Left hand: right SEL 4, 12, 11