



LARGE INTESTINE FUNCTION DEVELOPING ENERGY

At 6 a.m. at the medial (inner or thumb) side/tip of the index fingernail the **left** Lung Developing Energy Flow changes into the **left** Large Intestine Developing Flow. From this point it flows down between thumb & index finger, passing through the "web" between the tendons of the thumb & side of hand. Flows down the posterior (back) side of the arm along radius. Descends along anterior (front) border of the upper arm to the highest point of the shoulder. Goes across top of shoulder on the back; and at the first thoracic vertebra passes under the spine and out to right side. The left and right flows meet and co-mingle under TV 1.

The left flow moves around right side of neck, down into right chest, rises up to skin surface and separates into two flows at right #13, "A" & "B".

"A" (in right breast) circulates (passes through) right lung, goes through diaphragm to about 15mm (1/2 inch) from right side of umbilicus (navel), makes half circle and disperses outside **left** large intestine.

"B" flows from right breast up through right side of throat into right lower gums.

Circulates (curves around) right side of face, comes back out to the right side of the mouth, then flows under (between nose and upper lip) the nostrils, out to left side of the nostril, along side of the left cheek bone (SEL 21) and turns into the flow that creates the **left** Stomach Function Developing Energy at 8 AM.

Large intestine flow self help

Left flow

Left hand: right shoulder (SEL 11)

Right hand: left index finger

Right hand: right 3rd rib area (SEL 13)

Right hand: right bottom rib cage (SEL 14)

Right hand: left cheek (SEL 21)

Right hand: under right collar bone (SEL 22)

Right hand: under left collar bone (SEL 22)