



LEFT UMBILICUS DEVELOPING FLOW

At 10 p.m. the flow which developed the **left** diaphragm arrives at the lateral (outer) top/back of ring fingernail changes into the **left** Umbilicus Developing Energy Flow. From the posterior (back) side of the nail it goes down the outer edge of the ring finger nail, along the outside (posterior side) of the wrist joint and into the hollow (indentation) of the elbow bone (little finger side), through the bone structure (humerus) and down to the root of the arm at the shoulder on the back, up to the outer edge of the shoulder, through the shoulder bone structure, and then down to the 3rd rib (center 13) and branches into "A" and "B".

"A" flows around the right 3rd rib and disperses, collects again at the lower area of the 5th rib and enters the heart. It then comes out of the heart, penetrates the diaphragm and the left flow (on left side of body) goes into the stomach via the pancreas.

[Web/No Weaver: ... from the posterior shoulder region enters into the chest underneath the breast bone. An internal branch passes from this point through the Pericardium, penetrates the diaphragm & then proceeds downward to unite the Upper, Middle & Lower burners (passing

through the navel). Hence the name, Triple Burner.]

"B" ascends to front of right left shoulder, through the neck muscles, under Thoracic Vertebra 1 and ascends close to right side of cervicals and comes out two inches from the right ear where it separates into two flows, "C" and "D".

(The left and right flows meet and cross at TV-1)

"C", from behind the ear, flows across the head diagonally to the outer corner of the right eye, up the side of the eye (temple), into the back of the head, where the left and right flows converge.

"D" goes into the ear from behind the ear, comes out to the lower edge of eye and flows a quarter of an inch from the outer corner of the right eye and changes into the **right** Gall Bladder Developing Energy at midnight.

Umbilicus flow self help

Left flow

Right hand: left shoulder (SEL 11)

Left hand: right back neck (SEL 12)

Left hand: right forehead (SEL 20)

Left hand: left back neck (SEL 12)